ZEPHYRx

Startup/troubleshooting Guide
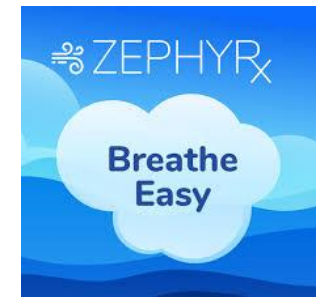
What you need to get started

Mir Spirobank Smart spirometer

A mobile phone **OR** Tablet

The ZEPHYRx Breathe Easy App

Step one - Setting up your Spirometer

Let's make sure your spirometer is assembled correctly

- Make sure both batteries are inserted positive side facing up towards the turbine (they face the same direction)
- The turbine and mouthpiece should be inserted into the **orange** circle side of the spirometer. (**orange to orange**)
- **Make sure the turbine goes all the way through and sticks out the front about a half inch**
- It will lock into place with a clockwise turn
- Be sure not to block the turbine/airflow when you are testing
- Check to make sure you have the **Spirobank Smart**
- **Other MIR devices are not compatible**

Make sure your turbine is clear of obstructions!

For a setup video, check out our youtube channel!

https://www.youtube.com/watch?v=Q58gf7IFwIQ
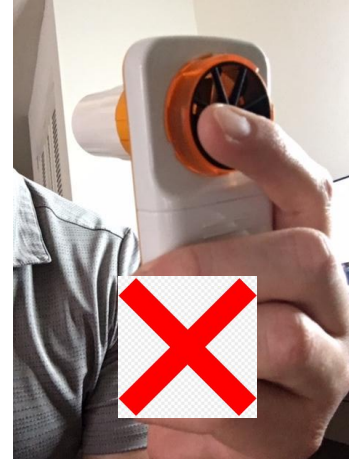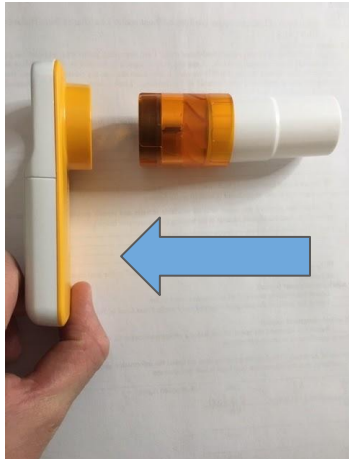
Need Help? Email: support@zephyrx.com
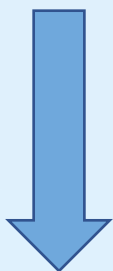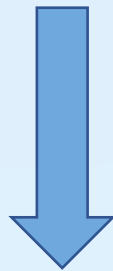
www.zephyrx.com

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Step two – Downloading the App
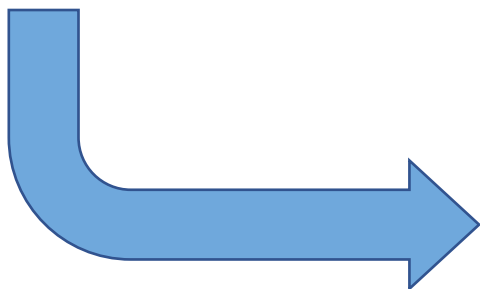## Search for "ZEPHYRx Breathe Easy" in the App Store, Google Play or the Kindle Fire store

Android Devices

Kindle Tablets

Apple Devices

GET IT ON
Google play

amazon apps Available at
amazon

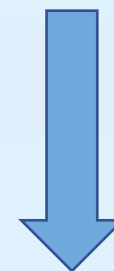Download on the
App Store

Wondering what version of the app you have? Check the bottom right hand corner of the breathing tests screen. if you don't see it, you're due for an upgrade!

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Breathe Easy

Need Help? Email: support@zephyrx.com

Cant find it? Email us at
www.zephyrx.com

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Step Three – Configuring your device

## Before you open the app, let's check on a few settings

First, make sure the Bluetooth on your phone/tablet is switched on. This can be found under "Settings" on most devices

Depending on the type of device, the spirometer itself **may or may not** be listed under your Bluetooth devices

Android: usually listed under bluetooth devices, look for the bottom number listed on the back of your spirometer

Apple: your spirometer usually isn't listed under your bluetooth devices even if its properly paired

The bottom row of numbers on the back of your device is your spirometer ID
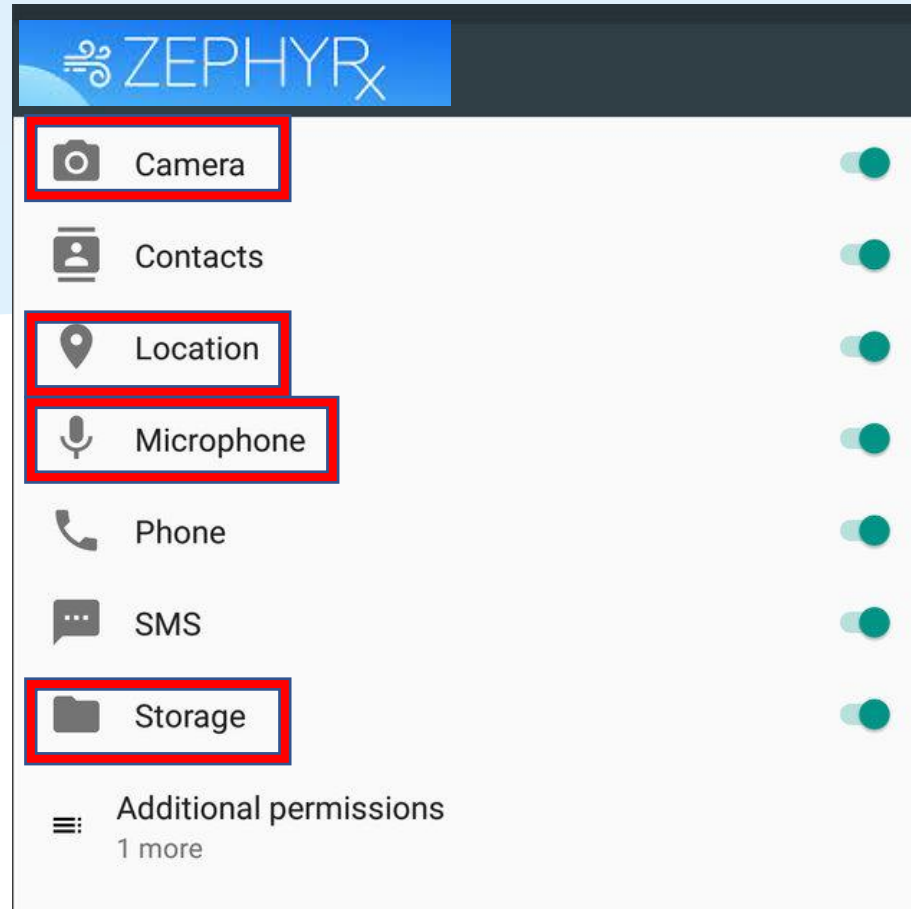
Need Help? Email: support@zephyrx.com

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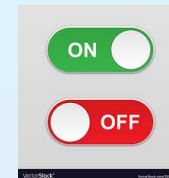
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Android Devices

let's make sure the Breathe Easy App has **permission** to access your Bluetooth, location, microphone & camera

Accessing the permissions menu

1. Tap settings
2. Tap Apps & notifications
3. Select ZEPHYRx Breathe Easy
4. **Enable camera, microphone, Bluetooth, location & Storage**

App permission menu location may vary by device. If you need help contact us at support@zephyrx.com

Tap each switch to enable or disable each permission

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Camera

Contacts

Location

Microphone

Phone

SMS

Storage

Additional permissions
1 more

ON
OFF

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Apple Devices

let's make sure the Breathe Easy App has **permission** to access your Bluetooth, location, microphone & camera (if applicable)

Accessing the permissions menu

1. Tap settings
2. Scroll all the way down and locate the Breathe Easy app
3. Select the app
4. Enable Bluetooth

App permission menu location may vary by device. If you need help contact us at support@zephyrx.com
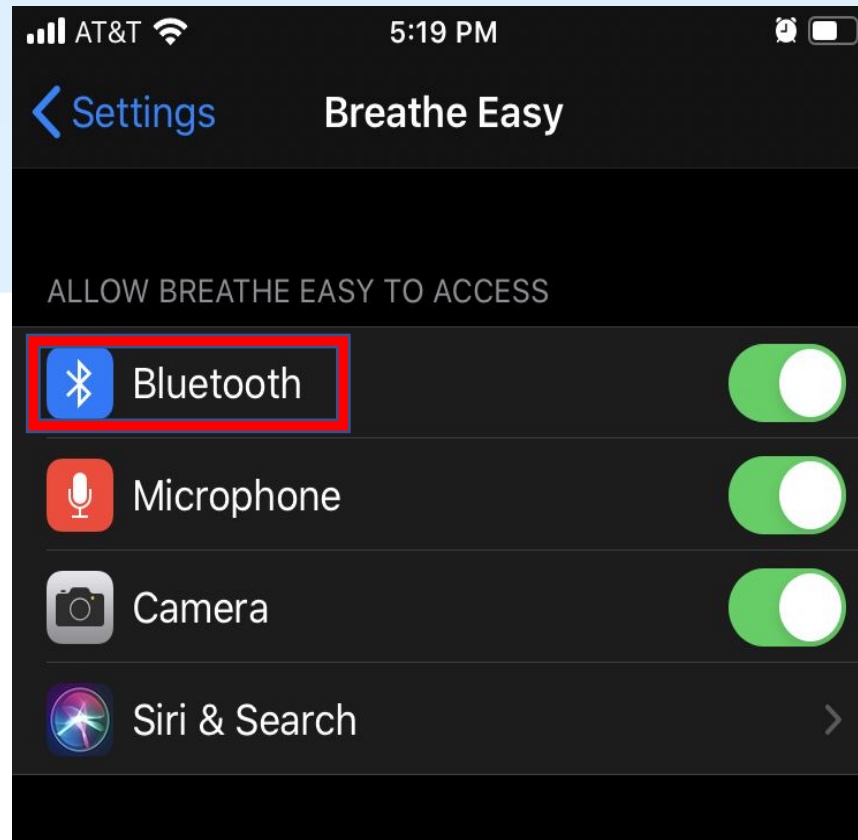
Camera and microphone will **only appear** here if you are participating in Real Time coached sessions with your provider. **Only Bluetooth** needs to be enabled to use the app by itself.

Your device will ask for your permission to access these features upon starting a call with your provider
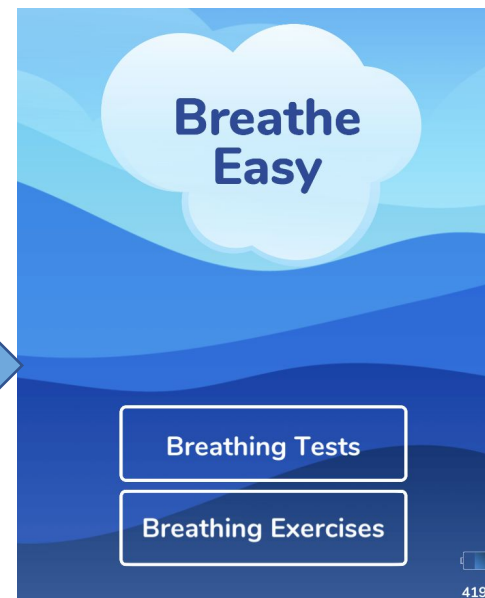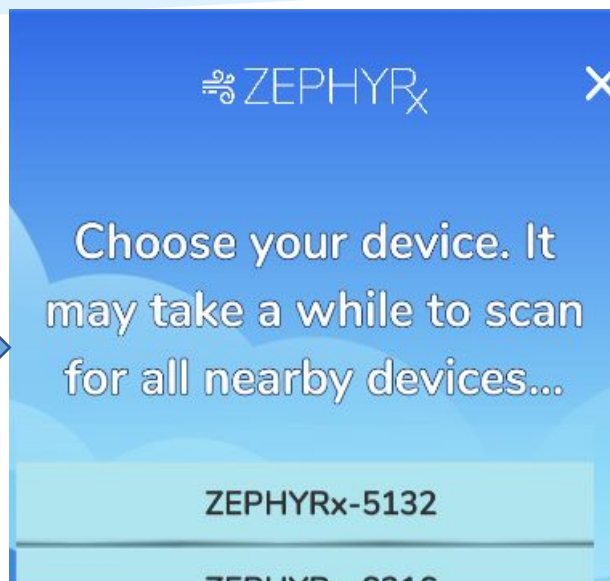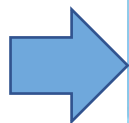
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Step Four – Pairing with your spirometer

Now we're ready to open the Breathe Easy App

1. Start by opening the Breathe Easy App
2. Your device will begin scanning for your Spirometer
3. It may take a minute to find your device depending on how many other Bluetooth devices you have in the area
4. Select your device when it pops up on the screen
5. From there, select "Breathing Tests"

The bottom row of numbers is your spirometer ID. It will appear in your app as ZEPHYRx followed by the last 4 digits

ZEPHYRx-5132

(01)08052990321124
(21)A23-Z044199

MIR

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Choose your device. It may take a while to scan for all nearby devices…

ZEPHYRx-5132

ZEPHYRx-8216

Breathe Easy

Breathing Tests

Breathing Exercises

4199

Need Help? Email: support@zephyrx.com

www.zephyrx.com

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Stuck on the scanning screen?
Try the following

1. Close out of the Breathe Easy App
2. Restart your phone or tablet
3. Remove & reinsert your spirometer batteries
4. **Changing to fresh batteries can also be helpfu**l
5. Switch your bluetooth off and then back on again
6. Double check your app permissions (page 5 & 6)

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Choose your device. It may take a while to scan for all nearby devices...

<u>For Android Devices</u>
- Check to see if your spirometer is listed under your bluetooth devices
- It usually starts with SM-005 followed by a series of numbers
- Select the device and **unpair** it from your mobile device
- Re open the Breathe Easy app and see if your device pops up on the screen

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Health Demographics

- Select "your health demographics"
- Make sure to fill out every category
- As you fill out each one, a **green** check mark will appear on the right hand side
- Make sure you enter **BOTH** feet & inches for your height
- Make sure to enter **your birthday** (not today's date)
- When everything is filled out, hit the green "**Submit**" button at the bottom

- You need all 5 green check marks in order for the **submit** button to appear on the bottom
- if you hit the "X" at the top of the page and exit, **the data will not save**

Consenting to Share

Sharing Enabled
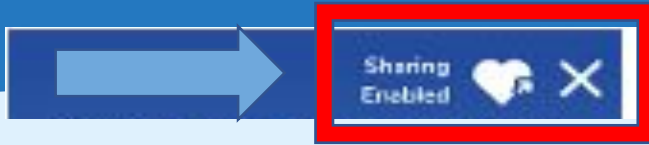
- Select the heart icon in the top right hand corner of your screen
- Enter the patient's name & state, then select the program type (Adult, Pediatric, etc.)
- tap the menu below and find your program, select that program
- Sign with you finger & then tap "I agree"
- If you are filling out the form for a minor, enter **their name/ health information** and then sign at the **very bottom**
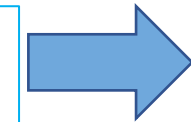
Select your country, state and program type
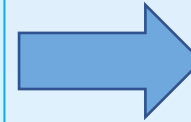
Sign here
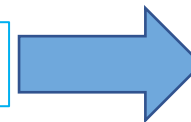
Sign here **(for a parent or legal guardian)**

Share your breathing data with your healthcare provider so they can follow your progress! We will need your consent to continue:

I, [Type patient's full name]

, give permission for ZEPHYRx to share breathing exercises, test results, and health demographics to this healthcare provider:

[US] [Any State] [Any Program]

[Tap here to select a healthcare provider]

This permission goes from 1/13/2021 through: [Indefinite]

My data will be disclosed to the above organization via a ZEPHYRx portal that requires an authenticated login by your healthcare provider. I understand that the organization listed above may not be covered by

Dated: 1/13/2021   Clear Signature

Sign here, or make your mark, with your finger

If this form is being completed by a person with legal authority to act on an individual's behalf, such as a parent or legal guardian of a minor or health care agent, please provide the following information:

[Name of person completing this form]

[Describe how this person has the legal authority to complete this form]

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Step Five – Let's take a test!

- Select the button that says "**FVC**"
- From there you will brought to an instructions screen
- Once you have read and understand the instructions, hit "**continue**"
- The test will begin on the next screen and starts as **soon as you exhale**
- Follow the prompts on the screen during the test
- We recommend 3 good tests, but you can hit "quit and save" at any time
- Are your results saying "ended abruptly"? Check to make sure your turbine is clear!
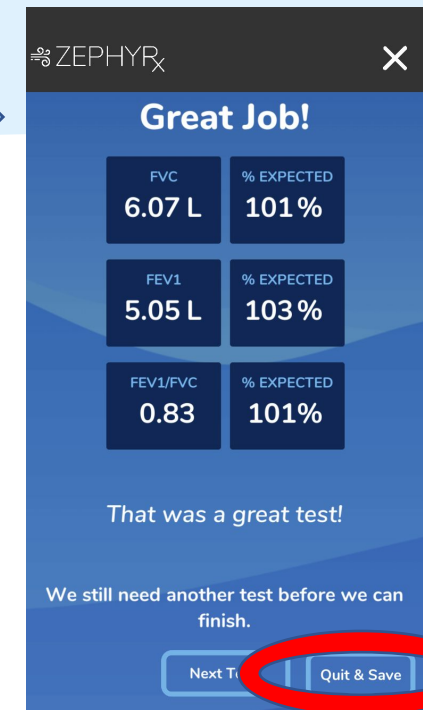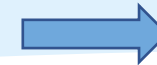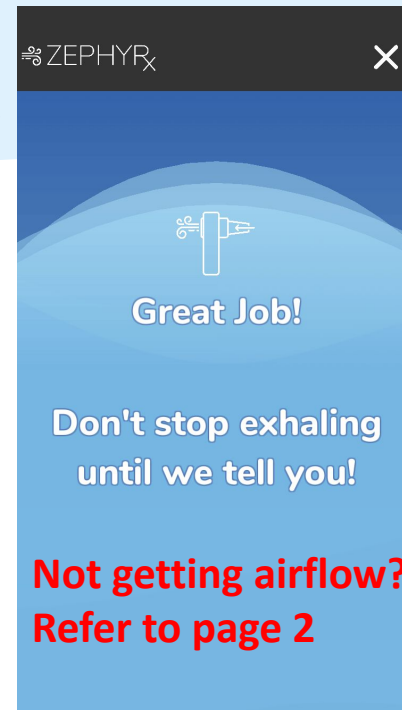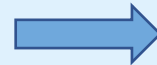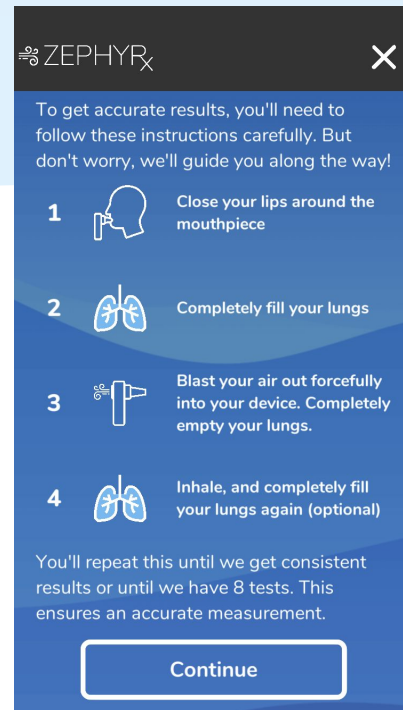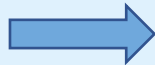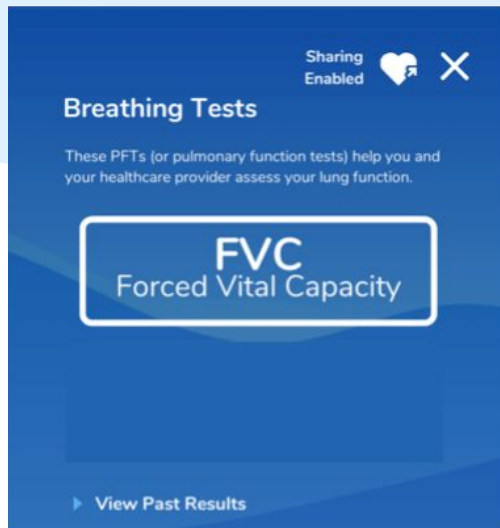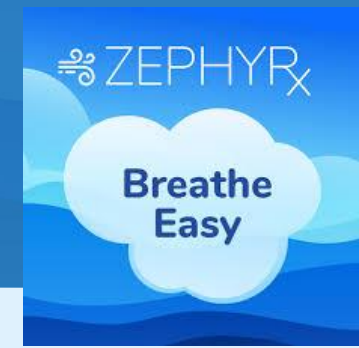
Still need help?

Call us at (888) 452-6269   Or   **Email us at** support@zephyrx.com

You can also set up a Zoom troubleshooting call with one of our representatives using the link below

https://calendly.com/zephyrx-cf-rollout/support

For additional setup and demonstration videos, check out our youtube channel

https://www.youtube.com/channel/UCQGa_axEjZoK9ShVYBi2E8w/featured